Утверждаю: Директор [illegible] [illegible] Т.М. [illegible]

Школа	I [illegible]	Отд./корп	[illegible] день	День	20.09.22

Прием пищи	Раздел	№ рец.	Блюдо	Выход, г	Цена	Калорийность	Белки	Жиры	Углеводы
Завтрак	гор.блюдо	237	Каша [illegible] из [illegible]	[illegible]	[illegible]	277,4	[illegible]	14,12	[illegible]
	гор.напиток	405	Чай с лимоном	[illegible]	[illegible]	[illegible]	[illegible]	1,3	[illegible]
	хлеб	107	[illegible] пшеничный	[illegible]	[illegible]	111,5	[illegible]	0,4	[illegible]
	[illegible]		[illegible]	[illegible]	[illegible]		[illegible]		[illegible]
	[illegible]		Итого за [illegible]	450	[illegible]	485,92	[illegible]	15,82	[illegible]
Завтрак 2	фрукты		[illegible]		[illegible]		[illegible]		[illegible]
	[illegible]		[illegible]		[illegible]		[illegible]		[illegible]
	[illegible]		[illegible]		[illegible]		[illegible]		[illegible]
Обед	закуска	22	[illegible] из [illegible] [illegible]	100	20	110	[illegible]	10,2	8,52
	1 блюдо		[illegible]		[illegible]		[illegible]		[illegible]
	2 блюдо	333	[illegible] [illegible]	90	22	141,30	14,14	6,55	11,74
	гарнир	422	[illegible] [illegible]	180	15	165,60	3,68	7,92	19,62
	напиток	109	[illegible] из [illegible]	200	3,32	113,3	0,02	6,22	24,64
	хлеб бел.	108	[illegible]	50	[illegible]	111,5	3,8	0,4	24,8
	хлеб черн.	109	[illegible]	50	[illegible]	87	3,3	0,6	16,70
			Итого обед:	690	55,32	734,70	26,59	31,89	96,12

Итого день: 1140. 62,33. 1220,6. 42,85. 43,71 168,19.

[illegible] [illegible] / [illegible]